

References for

## Webinar Two: Understanding Email Headers

Thursday October 3, 2013 -

<http://www.fortantispam.com/webinar>

### Internet Messages Format RFC:

- <http://tools.ietf.org/html/rfc2822>

### How to view email headers:

- [Outlook 2002 & 2003](#)
- [Outlook 2007](#)
- [Outlook 2013](#)
- [Apple Mail](#)
- [Thunderbird](#)
- [Gmail, AOL, Hotmail, and Yahoo](#)

### How to read email headers

- [Reading Email Headers](#)
- [MX Tools Header Parser](#)